



**The New Normal:  
Understanding Family  
and Survivor Dynamics  
following Brain Injury.**  
*Deborah Anne Gutteridge  
NeuroRestorative*

This presentation will provide an overview of the brain's anatomy as well as the respective functions associated with each area. Families and survivors of brain injury each experience 6 stages of grief and acceptance following brain injury, which provides a framework for therapists, social workers, and other healthcare professionals working with them. It can be very beneficial to assist the family and survivor in identifying where they are in the recovery process, and normalize their associated feelings. This presentation will also describe the difference and similarities of dementia/Alzheimer with cognitive and memory challenges following brain injury.



**Anxiety and  
Depression**  
*Rachna Kalia, MD, FAPA  
University of Kansas School of  
Medicine*

This presentation is aimed to discuss prevalence, characteristics, definition of depression and anxiety in the elderly population, and how it can manifest across many healthcare specialties. The talk summarizes the diagnostic dilemmas in this patient population, the complex relationship between depression, anxiety and cognitive decline, and current approaches to management.



**Future of Skilled  
Nursing and Rehab**  
*Michail Loyd, OT  
HealthCare Resort*

We will cover the history of skilled nursing homes and their subsequent evolution (introduction of the person centered/culture change movement). I will elaborate on how changes in the length of hospital stays have affected today's skilled nursing facilities. I will introduce the expectations of today's seniors, review new markets and solutions, and cost of services for those aging now. Attendees will be able to speak confidently about the different areas of senior care and emerging options.



**Empowering Seniors'  
Next Steps**  
*Katherine Ambrose,  
CRS, CSHP, CSDC, SRES  
Empowering Seniors, LLC*

The Over-65 segment is shifting into overdrive as our population ages. Every day, more and more seniors are facing the prospect of downsizing and adapting to another type of living situation. Late-life pressures related to cognitive & physical decline; spousal concerns/loss of spouse; and other familial circumstances are the driving forces behind the decisions that affect patient care & quality-of-life outcomes. Transitioning the "Greatest Generation" from their homes is often an emotionally charged, monumental challenge for seniors, family members and caretakers to tackle.

Katherine will provide tools and resources to communicate with seniors regarding life issues affecting their care and well-being.

**We meet at the  
Wichita State University  
Hughes Metropolitan  
Complex!**

**5015 E. 29th Street North**  
(East of 29th Street & Oliver)



*Hot Topics Presented by:*  
**ComfortCare Homes &  
Comfort Keepers**

*This event cosponsored by:*  
WSU Regional Institute on Aging  
Senior Care Pharmacy  
Good Shepherd Hospice  
TransPro  
Healthcare Resort  
Empowering Seniors  
Villa Maria  
Home Health & Hospice of Kansas  
Harry Hynes Memorial Hospice  
Providence Hospice  
Love My Nurse Home Health  
Alzheimer's Association  
Encompass Home Health & Hospice  
Vintage Park at Waterfront



**Our chance to help out!**

Since this CE program is FREE to participants, we thought it would be nice to do our part and help area charities as they help those in our community.

We ask that you bring

**Kitty Litter, Papertowels  
and bottled Bleach**

**for care of pets in need**

*As many as you can!*

to be donated to the

**Beauties & Beasts**

Bring your donation with you  
to this CE Program.

Let's FILL the donation bins  
and help our local  
communities in need!

*Thank you for your  
Consideration!*

**FREE CONTINUING EDUCATION PROGRAM**

**HOT TOPICS**

**HOT**

Nurses  
 Social Workers  
 Physician Assistants  
 Physicians  
 Dietitians  
 Therapists  
 Facility Staff & Administrators  
 Students  
 Chaplains  
 Med Assistants  
 Operators

**Tuesday**  
**August 13**  
**2019**

*This program is geared toward health care professionals and their need for continuing education*

Our Theme for August 13  
**HOT TOPICS –**  
**Audience Choice**

Based on recent event post-surveys, these Hot Topics are based on what past participants said they wanted more information and resources on. The topics range from understanding TBI to Anxiety and Depression.

**Schedule**

LUNCH .....	11:00 - 12:00
Be our guest for a bite of lunch and mingle among our Resource Displays where you can connect with many important community resources.	
Session 1: .....	12:00
<i>Deborah Anne Gutteridge</i>	
Session 2:.....	1:00
<i>Rachna Kalia, MD, FAPA</i>	
Session 3:.....	2:00
<i>Michail Loyd, OT</i>	
Session 4:.....	3:00
<i>Katherine Ambrose, CRS, CSHP, CSDC, SRES</i>	
Conclude.....	4:00

*You must sign-in for each session you attend to receive CE credit.*

**Event Location**

WSU - Metropolitan Complex  
 Room 180 / Entrance N  
 5015 E. 29th Street North  
 (East of 29th Street & Oliver)

**FREE CEs**

**Nurses:** Wesley Medical Center, as an approved provider of continuing nursing education by the Kansas State Board of Nursing, offers this program for **4 contact hours** applicable for RN and LPN relicensure Kansas State Board of Nursing Approved Provider Number: LT 0085-0327.

**Allied Health Professionals:** Certificates of attendance will be provided for social workers, physical therapists, occupational therapists and all other Allied Health Professionals.

**Administrators and Operators of Adult Care Homes:** We have applied for **4 hours of continuing education** for Adult Care Home Administrators and Operators through the Kansas Department of Aging and Disability Services (KDADS).

**RSVP**

Participants are welcome to attend one hour or all four hours. Simply RSVP for the event and then choose the four sessions in which you are interested.

Call the RSVP Hotline at  
**316. 219. 3062**

or email:

[robertm@comfortcarehomes.com](mailto:robertm@comfortcarehomes.com)

Make sure to answer all the questions below to register.

*RSVP Deadline is Friday, Aug 9, 2019*

You will be asked to give the following information:

- Your Name / Company Name
- Your Credentials (i.e., RN, LPN, LMSW, PA)
- Your Professional License Number
- Preferred Mailing Address
- Preferred Phone Number

*Space is limited. To maximize the space, we will use a combination of Classroom Style seating (tables & chairs) and Auditorium Style seating (chairs only).*

*Choice of seating for participants is first come, first served.*